Your Extended Essay Guide: Language B

by Aude Paulin

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Review by John Licandro, International School of Bremen

The Extended Essay can be one of the more challenging parts of the IB Diploma Programme, particularly for students who are unsure where to begin or how to manage such a large independent project. Aude Paulin's *Your Extended Essay Guide: Language B* is a fantastic resource that helps make the whole process much more manageable.

What I really like about this book is that it goes beyond explaining how to write a Language B Extended Essay. It provides a great overview of the EE process, from choosing a topic and developing a research question to evaluating sources, managing time and writing the final essay. The advice is clear and practical, with plenty of tips that students can put straight into practice.

Paulin's book also provides targeted guidance specifically for Language B students. The examples help clarify what makes a successful investigation in this subject, and she does a great job of demystifying the Researcher's Reflection Space (RRS) by showing students what it is and how to actively use it throughout the process.

Alongside this, the book gives attention to areas like time management and evaluating the reliability of sources. These are hurdles that students consistently struggle with, so having concrete strategies for them in one place is genuinely helpful.

Crucially, the book also looks beyond the Extended Essay itself. It explores how students can draw on their EE experience when preparing university applications and interviews, and how their research might help them discover subjects they want to study further. As a DP Coordinator, I think this is an important perspective, as it encourages students to see the EE as more than just another IB requirement.

Overall, this is an excellent resource that I would happily recommend to students, supervisors and DP Coordinators. It covers the EE process thoroughly and offers plenty of actionable advice, with particularly valuable support for students undertaking a Language B Extended Essay.

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